

Distance Reiki

Most people are very skeptical of a distance Reiki session; and, I completely understand why. I was also very skeptical until I experienced it for myself. And, I was totally blown away. How can someone in another room, another city or even another country experience the energy of Reiki from a Reiki Practitioner in a different place? But, then again, how can they not? There is a lot of scientific research on the projection of Life Force Energy.

Reiki is natural energy derived from Source that works on every level, not just the physical level; And, This is where we have trouble understanding how a Reiki distance session works.

How Does It Work?

Within the framework of our physical world, everything must be done in person. If you need a haircut, a massage, dental work, manicure or blood test, it cannot be done by distance. It must be done in person. There must be a physical connection made with your body; and, this is where Reiki is different.

Reiki is non-invasive and is used holistically to restore balance in mind, body and spirit while promoting the body's regenerative self-healing ability. Its rejuvenating energy connects us on an energetic and Spiritual level where the healing work is conducted. To understand this, we must first realize that we are more than our physical bodies.

“Descartes, for instance. In order to preserve the idea of free will, asserted that the human mind was something different from the physical world. And, did not follow its laws. In his view, a person consists of two ingredients: a body and a soul. Bodies are nothing but ordinary machines. But the soul is not subject to scientific law.” - Stephen Hawking

Our thoughts, emotions, feelings, ideas, perspectives and moral beliefs all exist within us, but they are not part of our physical bodies. They are energies that can affect our physical bodies, but they are not physical elements.

Our Soul or our Spirit also forms part of who we are; and, it is not a physical element. Reiki energy connects on our Spiritual and energetic levels. Distant Reiki sessions work because energy is not limited by distance. Distance is a physical limitation only.

Distance Reiki works according to the Hermetic Law of Similarity, which holds that we are all connected, as we are all energy matter and part of a larger whole. As such, invoking this law during a Distance Reiki session allows the practitioner to link an object to the energy field of the recipient.

“There is no energy in matter other than that received from the environment.” - Nikola Tesla

We accept other energy frequencies that we cannot see, such as electricity, radios, cell phones and wi-fi. Initially, these frequencies were thought to be too unbelievable to be true, but now they are accepted as normal functioning services. For them to work, they must be tuned-in, and Distant Reiki works the same way.

“If you want to find the secrets of the universe, think in terms of energy, frequency and vibration.” – Nikola Tesla

The Reiki practitioner acts as a conduit and tunes the Life Force energy to the person’s frequency and sends it to that person, place and/or thing; then, request that the energy flows through the energy currents that exist naturally. Distance is not an obstacle for Reiki in the same way that it isn’t for cell phones or the internet.

“Energy cannot be created or destroyed, it can only be changed from one form to another.” – Albert Einstein

In-Person Reiki Sessions

During a Reiki in-person session, the therapist does not need to physically touch the body. The healing session can be performed with the hands just above the body; and, it is just as effective as a hands-on treatment or a Reiki distance session. Hands near the body is how I prefer to perform Reiki in-person.

In the UK in 2010, the National Occupation Standard, developed by Skills for Health acknowledged the following three methods of practicing Reiki:

1. hands on the body
2. hands near the body
3. from a distance

This recognition is very significant for Reiki Practitioners. Reiki is now recognized as an occupation in the UK; and, it can be performed by distance away from the client. Maybe someday this concept will be considered as normal as using Zoom or other video conferencing application on your cell phone here in the US.

Receiving Reiki in-person can be a wonderful experience; and, there are many Case Study Reports to attest to their benefits. However, in some cases, physically attending a session can create barriers to optimal healing, such as when the following are considerations:

- Stress of travelling
- Time stress and rushing to an appointment
- Stress of meeting someone new
- Distracted by the physical presence of another person
- Not as comfortable as being at home in a familiar environment
- More expensive than a distance session

In these situations, Distance Reiki provides a wonderful, simple and effective alternative solution.

Benefits of Distance Reiki

Once clients begin having Distance Reiki, they often prefer it because it is so convenient. And they receive a follow-up report.

Some of the benefits of receiving Distance Reiki:

- You don't have to "get ready" to go out.
- You don't have to leave your house.
- You don't have to work around someone else's schedule.
- You don't have to talk to anyone.
- You can receive a written record of your healing session.
- Usually cheaper than an in-person visit.

Testimonial

The only way for you to know if a Reiki Distance Session really works is to try one for yourself. However, when you do, don't be surprised if it becomes your preferred method of rejuvenation.

Distance Reiki sessions last 30 minutes and can be scheduled at a time that is most convenient for you. I prefer to perform the Distance Reiki close to the time of the persons normal bedtime. This allows for a very lovely nights rest!



**Book a Distance Reiki Session Now!
100% Money Back Guarantee!**

You can book a Distant Reiki session with me, Teisha, risk free. If you are not happy with your first Distance Reiki experience, I will refund your money immediately.

After your session, I can provide a written report of your session. Or, I can discuss your Reiki experience with you over the phone whichever you prefer. I am available to answer any questions you may have at any time.

Additional References

International Center for Reiki Treatment (ICRT)

<https://www.reiki.org/articles/distant-healing-and-human-energy-field>